

<b>Learning Activity 1</b>	Critical Thinking
<b>Learning Outcome</b>	Learn what critical thinking is and its principles.

<b>URL/link to the video</b>	<a href="https://youtu.be/6OLPL5p0fMg?feature=shared">https://youtu.be/6OLPL5p0fMg?feature=shared</a>
<b>Title of the video</b>	Critical Thinking
<b>Description of the content of the video</b>	<p>This video focuses on the importance of critical thinking in everyday life, emphasising its role in evaluating arguments and claims. It breaks down what critical thinking involves, including:</p> <p>The basic principles: Approaching information analytically rather than passively accepting it.</p> <p>The importance of scepticism: Questioning the validity of evidence and claims rather than accepting them at face value.</p> <p>The use of evidence: Distinguishing between reliable and unreliable sources of information.</p> <p>The video also highlights how critical thinking is a skill that can be developed through practice and is essential for making informed decisions.</p>

<b>Reflective question(s) after/before watching the video</b>	<p>What is your current understanding of critical thinking? How would you define it?</p> <p>In what areas of your life do you think critical thinking could be beneficial or has been beneficial?</p>
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<b>Learning Activity 2</b>	Critical Thinking
<b>Learning Outcome</b>	Tips to Improve Critical thinking

<b>URL/link to the video</b>	<a href="https://youtu.be/dltUGF8GdTw?feature=shared">https://youtu.be/dltUGF8GdTw?feature=shared</a>
<b>Title of the video</b>	5 tips to improve your critical thinking - Samantha Agoos
<b>Description of the content of the video</b>	In this TED-ed video, Samantha Agoos outlines five steps to improve critical thinking. These steps include formulating clear questions to guide thinking, gathering credible information from reliable sources, analysing the data to find patterns, considering the potential outcomes of different interpretations, and exploring alternative viewpoints. By following these steps,

individuals can engage more thoughtfully with information, challenge their assumptions and make better, more informed decisions.

**Reflective question(s)  
after/before watching the  
video**

Did the video change how you view critical thinking, or did it reinforce what you already believed?