

https://www.youtube.com/watch?v=S_8e-6ZHKLs

- Tiny Habits - Core Message by Productivity Game

<https://www.youtube.com/watch?v=Gsf7AT3itFg>

- Tiny Habits. Big Changes: BJ Fogg by Franklin Covey - long form interview

<https://www.qrcaviews.org/2021/10/17/book-review-three-books-about-habits/>

- Book Review: Three Books about Habits by Susan Fader - comparative look at Tiny Habits in comparison to other approaches to habits and behavioural change

<https://www.nyjournalofbooks.com/book-review/tiny-habits>

- Tiny Habits: The Small Changes that Change Everything by Richard Cytowic - book review
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<https://shilpakapilavai.com/tiny-habits-by-bj-fogg-book-highlights-summary/>

- Tiny Habits By BJ Fogg – Book Highlights & Summary by Shilpa Kapilavai - longer form summary and review